



***GOLD CORE LINE***





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## **GOLD CORE** LIMITED EDITION LINE

The main idea behind GOLD CORE line was SYNERGY. Single Active Ingredients can work well, but when they are combined with appropriate compounds they are much more powerful. It is like  $2+2=5$ ! Based on our experts' knowledge we managed to create a line of supplements targeted to the most advanced lifters. Using the best quality Active Ingredients in really effective doses makes GOLD CORE line special. If your performance is your priority GOLD CORE line is the right choice for you!



WHEY 100 GOLD CORE  
ADVANCED PROTEIN POWDER

- + 3 forms of protein
- + Rapidly digested whey protein isolate
- + Highest quality protein powder

GOLD FACTOR

Three different forms of protein makes WHEY 100 GOLD CORE very effective supplement. Whey protein isolate and hydrolysate are rapidly digested and support your muscles with important amino acids. Whey protein concentrate is digested a little bit slower, keeping your body in anabolic state for a longer period of time.

TREC TEAM ATHLETES

„When it comes to supporting your muscles with the building blocks – amino acids, all that counts is time. The sooner the protein will be digested the better, but this process should last for some time. WHEY 100 GOLD CORE gives you all of that by combining whey protein concentrate, isolate and hydrolysate.”



Active Ingredients	per 100 g	per 90 g	per 30 g
Whey protein concentrate	95,5 g	85,96 g	28,6 g
Whey protein isolate			
Whey protein hydrolysate			

\*Daily portion of the product



## CM3 GOLD CORE

ADVANCED MUSCLE  
ENERGIZER

- + 6200 mg of creatine malate\*
- + Empowered with beta-alanine
- + Strong and fast action

\*in capsule form

### GOLD FACTOR

Beta-alanine is a precursor of carnosine which drastically improves muscle endurance. In combination with creatine malate - extremely stable creatine form - it gives you almost superhuman powers. Increased strength and endurance will let you lift heavier and longer which quickly improves you progress.

### TREC TEAM ATHLETE

„There's something in this combination that makes CM3 GOLD CORE extremely good supplement. I have taken many different forms of creatine but huge dose of creatine malate combined with beta-alanine makes the difference. I just love the explosive power that I feel every time I use CM3 GOLD CORE.



Active Ingredients	per 7 g*	per 3,5 g	per 6 cap.*	per 3 cap
Creatine malate	5400 mg	2700 mg	6200 mg	3100 mg
of which creatine	4000 mg	2000 mg	4600 mg	2300 mg
Beta-alanine	1050 mg	525 mg	1200 mg	600 mg

\*Daily portion of the product



GOLD CORE LINE





## BCAA HIGH SPEED GOLD CORE

ADVANCED BCAA MATRIX

- + 6 grams of BCAA\*
- + With beta-alanine and L-citrulline
- + Perfect pre, during and after workout
- + Refreshing flavours

\*in powder form

### GOLD FACTOR

Beta-alanine is a precursor of carnosine which drastically improves your endurance. L-citrulline is a great and efficient pumping agent. Those two combined with BCAA give you a lot of energy and focus during your workout and play important role in muscle recovery.

### TREC TEAM ATHLETE

„Sometimes I work out later during the day. In those situations I always use BCAA HIGH SPEED before and during training. It gives me energy and focus without too much nervous system overload caused sometimes by caffeine.”



Ingredients	per 20 g*	per 10 g	per 12 cap.*	per 6 cap.
L-leucine	6000 mg	3000 mg	5000 mg	2500 mg
L-valine	3000 mg	1500 mg	2500 mg	1250 mg
L-isoleucine	3000 mg	1500 mg	2500 mg	1250 mg
Beta-alanine	1500 mg	750 mg	1500 mg	750 mg
Citrulline malate	1500 mg	750 mg	1500 mg	750 mg
of which Citrulline	840 mg	420 mg	840 mg	420 mg

\*Daily portion of the product





CLENBUREXIN GOLD CORE  
ADVANCED METABOLISM ENHANCER

- + Most powerful formula
- + Fast results
- + 11 active Active Ingredients

GOLD FACTOR

Coleus forskohlii extract is the secret ingredient that gives CLENBUREXIN GOLD CORE an incredible power of shaping human's body. It is known to raise levels of cyclic AMP which is a powerful weapon against body fat. What is more a combination of yerba mate extract and green coffee creates one of a kind energy rush.

TREC TEAM ATHLETE

„If you want fast and sustainable results CLENBUREXIN GOLD CORE is the right product for you. Proper combination of the Active Ingredients makes them act synergistically which in consequence turns you into fat burning machine.

Active Ingredients	per 1 cap.*
Green Tea Extract (Camellia sinensis) [55% EGCG]	270 mg
L-Tyrosine	150 mg
Caffeine	112,6 mg
Pantothenic Acid	100 mg
Yerba Mate Extract (Ilex paraguariensis) [4:1]	100 mg
Green Coffee Extract (Coffea robusta) [50% ACG]	90 mg
Ginger Root Extract (Zingiber officinale) [5% Gingerols]	60 mg
Bitter Orange Extract (Citrus aurantium) [10% Synephrine]	50 mg
Cayenne Pepper Extract (Capsicum annum) [2% Capsaicin]	50 mg
Coleus Forskohlii Extract (Coleus forskohlii) [10% Forskolin]	25 mg
Black Pepper Extract (Piper nigrum) [95% Piperine]	6 mg

\*Daily portion of the product





IT'S HARD  
TO REEL A PERSON  
WHO NEVER





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**MASS XXL  
GOLD CORE**

HEALTHY GAINS



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**GLUTAMINE HIGH  
SPEED GOLD CORE**

EFFICIENT MUSCLE  
MASS PROTECTION



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**AMINOMAX  
GOLD CORE**

THE MOST ADVANCED  
AMINO ACID COMPLEX





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**COX  
GOLD CORE**

HARDCORE PRE  
WORKOUT STACK



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**MONOTEST  
GOLD CORE**

MORE MUSCLE MASS  
& POWER



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**TESTOXX  
GOLD CORE**

ADVANCED MEN'S FORMULA

***GOLDCORELINE***

— *Powered by* —

***TRECNUTRITION***<sup>®</sup>

